



Feb. 3, 2025

FREEFORM RELEASES ITS TV OFFERINGS FOR MARCH 2025

Tune In for More Riveting Episodes of 'How I Escaped My Cult'

"HOW I ESCAPED MY CULT" SEASON ONE

More Information Available [Here](#)

Screeners Available [Here](#)

March 6 (10:00-11:00 p.m. EST) – Episode #1005 – "Nuwaubian Nation"

Looking for a better life, Habiybah's family joins a new Black-led cult, the Nuwaubian Nation. But when their narcissistic leader, Dwight York, uses his powers to commit horrific crimes, she knows the only way out is to go deeper in.

March 13 (10:00-11:00 p.m. EDT) – Episode #1006 – "The Pilgrims"

As the oldest daughter of family-cult leader Papa Pilgrim, Elishaba is the primary target of his rage and lust. His torment escalates when the entire group moves to Alaska, where she must survive a bold escape through the frigid wilderness.

March 20 (10:00-11:00 p.m. EDT) – Episode #1003 – "La Luz Del Mundo"

As a devoted member of La Luz Del Mundo, Alethea obeys her apostle Samuel Flores, becoming his sex slave. But when other brave women reveal their own horrific abuses, it leads to a dramatic arrest, an intense trial, and a harrowing escape.

March 27 (10:00-11:00 p.m. EDT) – Episode #1004 – "Yearning for Zion/FLDS"

When Warren Jeffs is arrested for unspeakable crimes, his son Wendell and eighth wife Vicky are caught between their sadistic cult and the investigators trying to bring it down. Escaping Warren's physical and mental hold is their only way out.

Freeform Media Relations

Syd Jean

syd.jean@disney.com

Press materials are available at www.dgepress.com.

Freeform app: <http://freeform.go.com/apps>

Follow Freeform (**#Freeform**) on [Instagram](#), [X](#) and [Facebook](#).

-- Freeform --