



Jan. 10, 2025

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' JAN. 13-17

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Jan. 13-17. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EST | 12:00 p.m. CST on ABC, and 4:00 p.m. and 6:00 p.m. EST on ABC News Live.

Highlights of the week include the following:

Monday, Jan. 13 – Actress **Gina Rodriguez** ("Will Trent"); Editor-in-Chief **Jamila Robinson** (Bon Appétit and Epicurious) shares the latest food trends for 2025; author **Ramit Sethi** ("Money for Couples")

Tuesday, Jan. 14 – Better Call Brian series with attorney and ABC News legal contributor **Brian Buckmire** sharing the latest legal news; chef and cookbook author **Michael Solomonov** ("Zahav Home: Cooking for Friends & Family"); actor **Joe Alwyn** ("The Brutalist")

Wednesday, Jan. 15 – Actress **Kaitlin Olson** ("High Potential"); Deals & Steals with ABC e-commerce editor **Tory Johnson**; host **Laci Mosley** ("Scam Goddess"); 18-year-old ski prodigy **Kai Jones** ("Kai Jones' Falling into Place")

Thursday, Jan. 16 – TV host **Samantha Brown** ("Samantha Brown's Places to Love"); lifestyle expert **Milly Almodovar** shares the best double-duty beauty products; fitness expert **Shaun T** ("T Is for Transformation"); actor **Roy Wood Jr.** chats about his latest comedy special

Friday, Jan. 17 – Faith Friday series with bestselling author, actor, and cancer survivor **Tyler Merritt** ("This Changes Everything")

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