

TAMRON HALL

Jan. 10, 2025

HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX, JAN. 13-17

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of Jan. 13, 2025. Please note: The lineup is subject to change.

Monday, Jan. 13: Ripped From the Headlines: A **DAYTIME EXCLUSIVE** with **BRITTANY PATTERSON**, the mom who went viral after being arrested because her 10-year-old son walked to a nearby store alone. Next, we meet the unbelievable 12-year-old boy who jumped into action to save his mom's life after a seizure sent the family car into a pond. Then, the amazing story of an 11-year-old girl scout who saved her father's life just 11 days after learning CPR.

Tuesday, Jan. 14: Never Two Much: An **EXCLUSIVE** sitdown with reality TV royalty and Atlanta's powerhouse duo **NENE LEAKES and SIERRA GLAMSHOP**. NeNe shares an important update about her son Brentt, who suffered a heart attack and stroke. Plus, the ladies address plastic surgery rumors and the other no-holds-barred topics from their new podcast. Then, **KARINA GARCIA and LALO RODRIGUEZ** bring their famous food from Harlem's Hottest Mexican Restaurant to the Tam Fam. And, they went viral for their outdoor runs with shelter dogs, "The Dog Guys" **ERIC NOXON and JOEY MALOSKI** join us with their furry friends. Plus, an all-new Shop Tam Fam!

Wednesday, Jan. 15: I Escaped: When they found themselves trapped, facing improbable, near-impossible circumstances, they persevered against all odds. A **DAYTIME EXCLUSIVE** with **RACHEL and TRAVIS STANDFEST**, who open up about their death-defying escape from a raging fire while Rachel was 36 weeks pregnant. Then, 61-year-old Washington native **KERI BERGERE** tells us how she went toe-to-toe with a 75-pound cougar while she was on a bike ride. Then, Nigeria-born athlete **EMEKA NWOKOLO** recalls how he escaped from his car after it tumbled 300 feet down a cliff! Plus, how one woman saved the legendary escape artist dog, Scrim.

Thursday, Jan. 16: Help Me! I'm a People Pleaser: An **EXCLUSIVE** with reality TV star and New York Times bestselling author **JINGER DUGGAR VUOLO**, who chats with us about her new book "People Pleaser." She also opens up about her pregnancy and expecting her third child. Then, the content creator whose video about people pleasing amassed 9 million views joins the conversation to share

how he acted as his friends' personal assistant. Later, actress and comedian **RINNY PERKINS** stops by to talk about her new book "Not Everyone's Going to Like You: Thoughts from a Former People Pleaser." Then, psychiatrist **DR. SUE VARMA** puts the Tam Fam to the test with her People Pleaser Quiz.

Friday, Jan. 17: My So-Called Millennial Midlife Crisis: Why are 30-something millennials saying they are already facing a midlife crisis? And why are their crises so different than previous generations? Bestselling author, founder of Girls Who Code and host of the podcast "My So-Called Midlife" **RESHMA SAUJANI** and New York Times opinion writer **JESSICA GROSE** bring their insights, and we meet millennials who are finding the "Granny Era" and homesteading trend as solutions.

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

Press Contacts:

Lydia Kanuga

lydia@thechambergroup.com

Shannon Atran

shannon@thechambergroup.com

###