

March 7, 2025

HIGHLIGHTS FOR ABC NEWS' 'GMA3 WHAT YOU NEED TO KNOW,' MARCH 10-14



ABC News*

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of March 10–14. Emmy® Award-nominated "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan with Dr. Darien Sutton. The news program airs weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live. Catherine McKenzie is the executive producer.

Highlights of the week include the following (subject to change):

Monday, March 10 – Comedian **Kelsey Cook** ("Mark Your Territory"); Shop It Like It's Hot series with lifestyle expert **Milly Almodovar** sharing beauty sleep must-haves; Money Monday series with **Dr. Lakeysha Hallmon**, sharing secrets to professional and personal success

Tuesday, March 11 – Actor **Don Johnson** ("Doctor Odyssey"); actors **Nicole Scherzinger** and **Tom Francis** ("SUNSET BLVD."); singer and author **Tori Amos** talks about her new children's book ("Tori and the Muses")

Wednesday, March 12 – Actress **Patina Miller** ("Power Book III: Raising Kanan"); former sports reporter and current St. Bonaventure Bonnies general manager **Adrian Wojnarowski** sits down for an interview with **Eva Pilgrim** about saving St. Bonaventure University's basketball team; ABC News Contributor **Rocsi Diaz** with a look at the North American International Toy Fair in New York City

Thursday, March 13 – TrueTrae smart shopping expert **Trae Bodge** with deals on sleep tech; Better Call Brian series with attorney and ABC News legal contributor **Brian Buckmire** sharing the latest legal news

Friday, March 14 – A report on **Master P**'s efforts to teach kids financial literacy; The Spruce's editorial and strategy director, **Caroline Utz** with the best mattresses and mattress accessories; Faith Friday series with authors **Brittany Maher** and **Cassandra Speer** ("Ready As You Are")

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ABC Media Relations

Brooks Lancaster | brooks.lancaster@abc.com

Jordan Littlejohn | jordan.littlejohn@abc.com

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