



July 12, 2024

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' JULY 15–19

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of July 15-19. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live.

Highlights of the week include the following:

Monday, July 15 – SiriusXM host and ABC News contributor **Mike Muse** shares the latest news from Hollywood; a musical performance by **Russell Dickerson**; Money Monday series with WorkMoney CEO **Carrie Joy Grimes**; chef and television host **Kristen Kish** ("Top Chef"); The Shade Room CEO and founder **Angie Nwandu**

Tuesday, July 16 – Lifestyle expert **Milly Almodovar** shares the latest deals for Amazon Prime Days; chef and restaurateur **Danny Lee** shares his recipe for rosé tteokbokki; a musical performance by **Blanco Brown**; actress **Kylie Cantrall** (Disney+'s "Descendants: The Rise of Red")

Wednesday, July 17 – Deals & Steals with ABC's e-commerce editor **Tory Johnson**; actors **Dennis Quaid** and **Dan Lauria** ("Reagan")

Thursday, July 18 – Actor **Robert Hartwell** ("Breaking New Ground"); Condé Nast Traveler executive editor **Erin Florio** with last-minute summer travel deals; BMX enthusiast **Nigel Sylvester**; actor **Delroy Lindo** ("UnPrisoned")

Friday, July 19 – Cookbook author **Ali Rosen** ("15 Minute Meals"); ABC News medical correspondent **Dr. Darien Sutton** visits NYC's Albert Einstein College of Medicine to report on their program to get young adult men of color interested in becoming EMTs; radio and television host **Charlamagne the God** ("Get Honest or Die Lying: Why Small Talk Sucks")

ABC Media Relations

Brooks Lancaster

Brooks.Lancaster@abc.com

Jordan Littlejohn

Jordan.Littlejohn@abc.com

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