

TAMRON HALL

Nov. 22, 2024

HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX, NOV. 25-29

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of Nov. 25, 2024. Please note: The lineup is subject to change.

Monday, Nov. 25: Friendsgiving: Emmy®, Tony® and GRAMMY® Award-winner **CYNTHIA ERIVO** joins the Tam Fam to talk about all things "Wicked" and the importance of friendship, including her close bond with Ariana Grande. Later, Cynthia is joined by her friend and "Wicked" costume designer **PAUL TAZEWELL**, who shares his creative process in creating the cast's iconic looks. Then, bestselling author and SiriusXM radio host **BEVY SMITH** stops by the show with sister **STEPHANIE SMITH LONG** to show us how to put together a successful Friendsgiving dinner. Plus, we get an important Tam Fam update from childhood friends who discover they are related.

Tuesday, Nov. 26: Pursuit of Perfect Sleep: We're meeting people who go to extreme lengths using the latest viral hacks and gadgets in pursuit of the perfect night's sleep, along with a leading sleep doctor and nutritionist, who discuss the effectiveness of these extreme methods and break down sleep issues and solutions by age.

Wednesday, Nov. 27: Incredible Tam Fam Follow-Ups: Today, we're checking in with some of our most talked about guests and incredible stories from over the years. First, a New York City native talks about donating her kidney to a stranger after being inspired by a segment on the show. They will meet for the first time. Then, we catch up with one of the most beloved kids from our Little Dreamers, Big Dreams series — **KING MOORE** will perform his hit single "A.B.C." Later, we hear from a Tam Fam member who was struggling to keep her Colorado ice cream shop open during the COVID lockdown and now has five thriving locations.

Thursday, Nov. 28: (OAD: 9/26/24): Fierce Families: We're talking to guests who've shown resilience and love, proving no matter what, family is everything! First, comedian and actor **JAY PHAROAH** stops by the show to discuss his new comedy special and the summer hit show "The Quiz with Balls." Then, an unbelievable example of love as one couple adopts the husband's ex-wife's baby. And, a New York restaurant owner is keeping it all in the family; wait until you see their pizza-throwing moves!

Friday, Nov. 29: (OAD: 9/27/24): Age Wars: We get into the biggest age wars raging between generations on social media. Millennial influencer **RACHEL "RAE" PARRISH** joins the Tam Fam

after going viral for highlighting her fashion sense and becoming the “green dress girl.” Then, Gen Z influencer and “corporate baddie” **DEANDRE BROWN** sits down with Gen X influencer **KELLY MANNO** to chat about the different ways their generations approach work-life balance. Later, celebrity stylists **DANIELLE O’CONNELL** and **ALIX GROPPER** discuss millennial vs. Gen Z fashion.

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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