

TAMRON HALL

Sept. 19, 2024

HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX, SEPT. 23-27

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of Sept. 23, 2024. Please note: The lineup is subject to change.

Monday, Sept. 23: Candid Conversations Part 3: DAYTIME EXCLUSIVE with actress **TRINA MCGEE**, who made headlines with her pregnancy at 54. She and her husband, **MARCELLO THEDFORD**, give the Tam Fam an important update. Plus, GRAMMY® Award-winning artist and actress **MACY GRAY** reflects on viral moments from her appearance on "Surreal Life," including being rushed to the hospital from side effects of Ozempic. Later, "Real Housewives of New Jersey" alum **JACKIE GOLDSCHNEIDER** shares the significant strides she made in her long-term struggle with anorexia.

Tuesday, Sept. 24: Total Transformations: An EXCLUSIVE with actor and comedian **LIL REL HOWERY** on his weight loss journey and his message to critics. Then, father-daughter duo **JON AND HANNAH GOSSELIN** share EXCLUSIVE details of their paths to wellness. Plus, an all-new Shop Tam Fam.

Wednesday, Sept. 25: **MIRANDA LAMBERT:** Postcards from Texas: A special hour with country music superstar Miranda Lambert! She's bringing her full band to help celebrate her new album "Postcards from Texas" with a performance you won't want to miss! Plus, her Idyllwind fashion line, MuttNation Foundation and more!

Thursday, Sept. 26: Fierce Families: We're talking to guests who've shown resilience and love, proving no matter what, family is everything! First, comedian and actor **JAY PHAROAH** stops by the show to discuss his new comedy special and the summer hit show "The Quiz with Balls." Then, an unbelievable example of love as one couple adopts the husband's ex-wife's baby. And, a New York restaurant owner is keeping it all in the family; wait until you see their pizza-throwing moves!

Friday, Sept. 27: Age Wars: We get into the biggest age wars raging between generations on social media. Millennial influencer **RACHEL "RAE" PARRISH** joins the Tam Fam after going viral for highlighting her fashion sense and becoming the "green dress girl." Then, Gen Z influencer and "corporate baddie" **DEANDRE BROWN** sits down with Gen X influencer **KELLY MANNO** to chat about the different ways their generations approach work-life balance. Later, celebrity stylists **DANIELLE O'CONNELL** and **ALIX GROPPER** discuss millennial vs. Gen Z fashion.

“Tamron Hall” is distributed in national syndication by Disney Entertainment and is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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