

# TAMRON HALL

July 24, 2024

## HIGHLIGHTS FOR 'TAMRON HALL' SEASON FIVE, JULY 29-AUG. 2

### 'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of July 29, 2024. Please note: The lineup is subject to change.

Monday, July 29: (OAD: 1/10/24) The Loneliness Epidemic: Everyone feels lonely, but when should you start being concerned for yourself or your loved ones? This special episode dives into the topic with U.S. Surgeon General DR. VIVEK MURTHY, who says loneliness is such a major health problem that it puts people at risk of premature death as much as smoking every day.

Tuesday, July 30: (OAD: 1/22/24) Judge Much?: YouTube star and mukbang sensation @Blovesslife, aka BETHANY GASKIN, gives the Tam Fam an inside look at this social media food craze and how it made her a millionaire. Then, meet ROBIN GREENFIELD, who gave away almost everything to live a life of extreme minimalism. And, EMMA BRADFORD, from Lifetime's "Prison Brides," on falling in love with a man behind bars and why she says it's not what you think. Plus, world-renowned limbo artist SHEMIKA CAMPBELL, who holds three Guinness World Records, gives an amazing performance!

Wednesday, July 31: (OAD: 3/4/24) Who Did I Marry?: DAYTIME EXCLUSIVE with REESA TEESA. She captured the attention of millions with her 50-part TikTok series, claiming the man she married was not what he seemed. What you haven't heard and why she really decided to tell her story. Then, JENNIFER FAISON shares her own story of deceit on her popular podcast, "Introducing-Betrayal," and the docuseries, "Betrayal: The Perfect Husband." And author BLAKE BUTLER on discovering his late wife's secret life that he captures in his memoir, "Molly." Plus, psychologist DR. RAMANI DURVASULA, who specializes in betrayal therapy, gives tips on how everyone can move forward.

Thursday, Aug. 1: (OAD: 10/25/24) Dynamic Duos: "The Home Edit" founders CLEA SHEARER and JOANNA TEPLIN return to the Tam Fam with exciting updates, plus the release of their new book, "The Home Edit: Stay Organized: The Ultimate Guide to Making Systems Stick." Then, a special father and daughter go viral for their daily bike ride to school. Plus, meet two best friends who gave birth on the same day and in the same hospital! And brother-and-sister duo LAWRENCE chat about the rise to fame and opening for the Jonas Brothers and will perform their hit song "I Feel Confident That I'm Insecure."

Friday, Aug. 2: (OAD: 2/28/24) In Their Own Words: Model, actress and entrepreneur SABRINA ELBA on her drive to make a difference, plus insights into S'Able Labs, the skincare brand she co-founded with her husband, Idris Elba. Then, Tamron's BROADCAST EXCLUSIVE with members of R&B group 702, KAMEELAH WILLIAMS and LEMISHA FIELDS, who open up about the recent loss of fellow band member and sister, Irish Grinstead, and will share what's next for the group.

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to [www.TamronHallShow.com](http://www.TamronHallShow.com) and follow the show on social media @TamronHallShow.

**Press Contacts:**

Melissa Little Padgitt

[melissa.padgitt.-nd@disney.com](mailto:melissa.padgitt.-nd@disney.com)

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