



Jan. 17, 2025

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' JAN. 20-24

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Jan. 20-24. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EST | 12:00 p.m. CST on ABC and 4:00 p.m. and 6:00 p.m. EST on ABC News Live.

Highlights of the week include the following:

Monday, Jan. 20 – Preempted

Tuesday, Jan. 21 – A musical performance by **LOCASH**; host **Ken Jennings** ("Celebrity Jeopardy!"); celebrity fashion designer **Thai Nguyen** ("Say I Do" and "Mai's Áo Dài"); health news with ABC News medical contributor **Dr. Darien Sutton**; Shop It Like It's Hot with lifestyle expert **Milly Almodovar** sharing double duty beauty products

Wednesday, Jan. 22 – Deals & Steals with ABC e-commerce editor **Tory Johnson**; tech expert **Caitlin Sarian** (aka Cybersecurity Girl) shares AI apps you need to know in 2025; Mayor **Randall Woodfin** of Birmingham, Alabama, discusses his new book ("Son of Birmingham: A Memoir"); actress **Luciane Buchanan** ("The Night Agent")

Thursday, Jan. 23 – Author Michael Chad Hoepfner ("Don't Say Um"); 2025 Oscar® nomination reactions from ABC News contributors Kelly L. Carter (ESPN) and Mike Muse (SiriusXM); Editor-in-Chief Lauren Iannotti (Real Simple) shares tips to create space and organization at home

Friday, Jan. 24 – **Dr. Ian Smith** ("Eat Your Age"); Faith Friday series with bestselling author **Anthony O'Neal** ("Take Your Seat at the Table"); ABC News correspondent **Will Ganss** recaps news stories from around the country

ABC Media Relations

Brooks Lancaster

Brooks.Lancaster@abc.com

Jordan Littlejohn

Jordan.Littlejohn@abc.com

-- ABC --