



Nov. 27, 2024

## HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' DEC. 2-6

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Dec. 2-6. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EST | 12:00 p.m. CST on ABC, and 4:00 p.m. and 6:00 p.m. EST on ABC News Live.

### Highlights of the week include the following:

**Monday, Dec. 2** – Chef **Danny Garcia** shares his recipe for crispy black rice with piquillo and chive (Time and Tide); SiriusXM host and ABC News contributor **Mike Muse** shares the latest headlines from Hollywood

**Tuesday, Dec. 3** – Author and comedian **Trey Kennedy** ("How You Got Your Name"); "GMA" contributor **Rocsi Diaz** interviews volunteers of Canine Companions; the story of two young women who beat colon cancer and are now paying it forward helping others

**Wednesday, Dec. 4** – Actress **Mindy Kaling** ("The Sex Lives of College Girls"); Deals & Steals with ABC News e-commerce editor **Tory Johnson**; Peloton instructor and author **Alex Toussaint** ("Activate Your Greatness"); actor **Cash Warren** (Pair of Thieves)

**Thursday, Dec. 5** – Actor **Etienne Maurice** ("Mistletoe & Matrimony"); an interview with dancer and producer **Tinashe**; Better Call Brian series with attorney and ABC News contributor Brian Buckmire answering viewer legal questions; ABC News chief meteorologist **Ginger Zee** shares easy natural and safe swaps to replace household items that help the environment

**Friday, Dec. 6** – Chef **Yia Vang** (Vinai and Union Hmong Kitchen); KTRK-TV anchor and ABC Audio podcast host **Charly Edsitty** ("Reclaimed: The Lifeblood of Navajo Nation"); Faith Friday series with author and podcast host **Bob Goff** ("Catching Whimsy: 365 Days of Possibility")

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