

TAMRON HALL

March 21, 2025

HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX, MARCH 24-28

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of March 24, 2025. Please note: The lineup is subject to change.

Monday, March 24: Does It Work?: Today, we're putting trending products and hacks in fashion, beauty, food and fitness to the test. From pull-string bathing suits to face-lift tape and kettle fryers, we're trying out the latest viral products with our trusted panel of experts.

Tuesday, March 25: Let's Get Lit!: It's pub day for Tamron's first children's book, "Harlem Honey." To celebrate, the co-founder of Motherly, **LIZ TENETY**, is filling in Tamron's shoes and asking her about the inspiration behind her book. Then, beloved poet and New York Times bestselling author **YUNG PUEBLO** is chatting about his new book "How To Love Better" and teaching the Tam Fam how to effectively communicate with their partners. Later, New York Times bestselling author and podcast host **ALLISON RASKIN** delves into her debut romance novel "Save The Date," which is loosely based on true events from her own broken engagement. Then, authors of "Your Hidden Genius," **BETSY WILLS & ALEX ELLISON**, show us how to uncover our innate talents and how they helped culinary superstar, **CARLA HALL**, who joins us later. Plus, an all-new Shop Tam Fam.

Wednesday, March 26: It's Time for a Remix: Three-time GRAMMY® Award-winning musician and producer **WYCLEF JEAN** gives a **DAYTIME EXCLUSIVE** performance of his hit song "9 1 1." He also talks about reuniting with Lauryn Hill for SNL 50 and giving back to students in a special way. Then, a **DAYTIME EXCLUSIVE** sitdown with actress/director/author **KRYSTEN RITTER** who recently released her new thriller/mystery novel "Retreat."

Thursday, March 27: Tamron's Spring Beauty Bar: We're kicking off our annual "Spring Beauty Bar" with giveaways totaling over \$100,000 worth of products. Then, we welcome Beyoncé's go-to makeup artist **SIR JOHN**, who is now the artistic director of Boldhue - a first-of-its-kind, on-demand color-matching device. He's joined by co-founder/CEO of Boldhue **RACHEL WILSON** who is demonstrating how the device works on a few lucky Tam Fam members. Then, Tamron's hair stylist, **JOHNNY WRIGHT**, joins the show to talk about the viral jellyfish haircut and break down other spring hair trends. Later, beauty entrepreneur **AMY LIU** shows us her viral holy grail product - The Tower 28 "SOS Rescue Spray". Plus, Tamron's makeup-artist, **RAUL OTERO**, gives a Tam Fam member a brow makeover, and beauty expert **MARY ALICE STEPHENSON** talks about her nonprofit GLAM4GOOD, which donates surplus beauty goods to benefit women and girls in need.

Friday, March 28: Best Of: Tam Fam Travel Stories: They had some of the most epic travel tales. Today, we're finding out what happened after. Stories include a recent grad moving abroad to teach English, a 95-year-old grandma and her grandson who were looking to visit all seven continents, a house swap that sparked a lifelong bond, a man who quit his job to search for "the one" by going on 50 dates in 50 states and more.

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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