



July 3, 2024

## HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' JULY 8-12

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of July 8-12. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live.

### Highlights of the week include the following:

**Monday, July 8** – SiriusXM radio host and ABC News contributor **Mike Muse** shares the latest news from Hollywood; ABC News correspondent **Ashan Singh** interviews music producer **PinkPantheress**; nightstand beauty essentials with editor at large **Sarah Eggenberger** (NewBeauty); actor **Ernie Hudson** (BET's "The Family Business")

**Tuesday, July 9** – Actor **Y'lan Noel** (Apple TV+'s "Lady in the Lake"); cookbook author **Karla Tatiana Vasquez** ("The SalviSoul Cookbook"); career expert and author **Laura Gassner Otting** shares tips for parent/child relationships at any age

**Wednesday, July 10** – A musical performance by **Spice**; comedian **Hannah Berner** (Netflix's "Hannah Berner: We Ride at Dawn"); Deals & Steals with ABC's e-commerce editor **Tory Johnson**

**Thursday, July 11** – Better Call Brian series featuring legal advice from attorney and ABC News contributor **Brian Buckmire**; the "Mozz Guys" **Anthony Agostino** and **Giacomo Cunsolo**; supermodel and actress **Kate Upton** (Hulu's "Dress My Tour")

**Friday, July 12** – Summer cooking with chef **Melba Wilson**; chef, entrepreneur and author **Robert Irvine** shares his recipe for grilled chicken with pineapple and cantaloupe salsa; easy at-home sushi roll ideas with sushi master and chef **Frances Tariga**; celebrity chef **JJ Johnson** (Fieldtrip at Atlantis Paradise Island); Food Network star **Alex Guarnaschelli** and chefs **Eric Adjepong** and **Anthony Vitolo**

### RELEASE:

#### ABC Media Relations

Brooks Lancaster

[Brooks.Lancaster@abc.com](mailto:Brooks.Lancaster@abc.com)

Jordan Littlejohn

[Jordan.Littlejohn@abc.com](mailto:Jordan.Littlejohn@abc.com)