

Sept. 20, 2024

## HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' SEPT. 23-27

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Sept. 23-27. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live.

Highlights of the week include the following:

**Monday, Sept. 23** – Beauty and lifestyle expert Milly Almodovar shares products to help elevate your fall outings; Real Simple magazine's food director **Jenna Helwig** shares ways to save money at the grocery store; SiriusXM host and ABC News contributor **Mike Muse** shares the latest headlines from Hollywood; acting Labor Secretary **Julie Su** discusses the worker policies of the Biden-Harris administration, their impact on the labor movement, and the administration's recent action making it easier to access in-network mental health care; comedian and podcast host **Iain Stirling** ("Love Island," "Murder They Wrote" podcast)

**Tuesday, Sept. 24** – Actress **Danni Washington** ("Disney Jr.'s Ariel"); author **Uzo Aduba** ("The Road Is Good"); reality TV personality and author **Caroline Manzo** ("Food and Other Things I Love")

**Wednesday, Sept. 25** – Comedian **Ken Jeong** and writer/director **Kevin Smith** ("The 4:30 Movie"); Deals & Steals with ABC e-commerce editor **Tory Johnson** 

**Thursday, Sept. 26** – Hip hop artist **Sophia Chang** sits down with **Eva Pilgrim**; Better Call Brian series with attorney and ABC News contributor **Brian Buckmire** sharing legal advice; Nat Geo photographer **Cory Richards** talks about his bipolar disorder and how he is working to help others

**Friday, Sept. 27** – CEO of the Global Citizen Festival **Hugh Evans** on this year's festival; Faith Friday with Rabbi **Rachel Ain** of Sutton Place Synagogue; a preview of ABC News correspondent **Bob Woodruff's** new series "Last Lands," now streaming on ABC News Live, Hulu and Disney+

ABC Media Relations Brooks Lancaster Brooks.Lancaster@abc.com

Jordan Littlejohn Jordan.Littlejohn@abc.com